

OSSTF Rainbow District 3
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January 2019

The LINK



Kid's Christmas Party - Dec 9, 2018

Dates of Interest:

Jan 7th: Back at it!
Need I say more?

Jan 10th – pizza lunch and
school visit-Confederation SS

Jan 11th – pizza lunch and
school visit – LaSalle SS

Jan 14th – District Meeting
4:00 pm
Health & Safety Workshop
Downstairs – 4:00 pm

Jan 17th – PSSP Meeting @
Lively District Office 4:30 pm

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President's Message – Member Awards!

Every year, OSSTF/FEESO recognizes many of our members for the outstanding work that they do on behalf of the Federation and our colleagues. Their contributions have had a positive and lasting impact on OSSTF/FEESO, its members, local communities and publicly funded education in Ontario.

The deadlines for many of these awards are fast approaching – with the majority of them due on January 31, 2018. Please see the site below, which has a chart to help assist you with the deadlines, the required information and the guidelines regarding the application process, as well as the appropriate contact for each award. The list of awards and the nomination forms can be found here: <https://www.osstf.on.ca/services/awards-scholarships-grants-and-bursaries/osstf-feeso-awards-of-recognition-for-members.aspx>

Jan 23rd - TBU Meeting
4:00 pm

Feb 1st - P.D. Day



**“TOMORROW,
IS THE
FIRST BLANK
PAGE OF
A 365 PAGE
BOOK.
WRITE
A GOOD ONE.”**

- BRAD PAISLEY
ITISALLYOUBOG.COM

**“APPROACH THE
NEW YEAR
WITH
RESOLVE
TO FIND THE
OPPORTUNITIES
HIDDEN IN
EACH
NEW DAY.”**

- MICHAEL JOSEPHSON
ITISALLYOUBOG.COM

We encourage you to nominate a worthy recipient in your bargaining unit for one of these awards of recognition.

For more information, contact Tracey Marshall via email at tracey.marshall@osstf.ca

District Officer's Comments – Bursaries and Financial Awards

Since second semester seems to fly by, this seems like a good time to remind members of all bargaining units of the awards and bursaries available to members, students, and/or members' dependent children.

The **OTIP Bursary** provides twelve (12) bursaries of \$1500 each in a random draw, which is open to OTIP-insured members or their relatives. Details are available at <https://www.otip.com/bursary>.

Deadline for applications: June 15th.

Funding for members: Members pursuing further education may qualify for OSSTF/FEESO Financial Awards for Further Education, which are administered by the Provincial Educational Services Committee. Details are available on the provincial website at <https://www.osstf.on.ca/en-CA/services/awards-scholarships-grants-and-bursaries/osstf-feeso-financial-assistance-awards-for-further-education.aspx>. **Deadline for applications: April 1st.**

Funding for dependents of OSSTF members: The **OSSTF/FEESO Federation Family Education Fund** provides up to 10 awards of \$1500 each for children of active or deceased OSSTF/FEESO members. Details are available at <https://www.osstf.on.ca/services/awards-scholarships-grants-and-bursaries/osstf-feeso-financial-assistance-awards-for-further-education/federation-family-education-fund.aspx>. **Deadline for applications: April 15th.**

OSSTF Rainbow District 3 Student Awards:

<http://www.d03.osstf.ca/Information/Awards-and-Bursaries.aspx>

The OSSTF Rainbow District 3 Student Citizenship Bursary provides up to five awards of \$500 each for dependents of OSSTF District 3 members who will attend post-secondary education in September. **Deadline for applications: April 15th.**

The OSSTF Rainbow District 3 Student Technical Awards provide up to two (2) awards of \$500 each to graduating RDSB students. **Deadline for applications: May 1st.**

Other financial awards: The **Sudbury & District Labour Council Bursary** provides one award of \$400. This award is open to any graduating student who meets the criteria. Please contact the SDLC office at 705-674-1223 or sdlc@persona.ca for further information. **Deadline for applications: June 1st.**

OH NO! New Year's Resolution Time again!!

New Year's resolutions date back roughly 4,000 years, to when the Babylonians -- a population living in what was then Mesopotamia -- commemorated the new year in March, when the season's crops were planted. The celebration consisted of a 12-day festival called Akitu, when

My New Year's resolution is to lose just enough weight so that my gut doesn't jiggle when I brush my teeth.

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either a new king was crowned, or loyalty to the existing monarchy was renewed.

It was also a time for the Babylonians to make certain promises -- things like settling debts and returning anything that was not theirs to its proper owner. Maintaining these resolutions, they believed, came with karmic retribution, in that kept promises would be rewarded with good fortune in the following year.

It is said that the Romans were the first to create the concept of January 1 and designate it the first day of the year, beginning around 46 B.C. The name of the month is rooted in Janus, a god of particular importance to the Romans, due to his two-faced nature. It was believed that Janus could use his two faces to both look back on the outgoing year, and forward to the next one. Similar to the Babylonians, Romans made vows of good deeds to Janus before the new year arrived.

Fast Forward ... 2019.

We have certainly seen a shift in resolutions since the Babylonian and ancient Roman era – a move from wanting to do overall good, to mostly making self-improvement resolutions.

Losing weight, becoming more physically active, quitting bad habits such as smoking or over-spending, or just becoming a better person, are atop the list of resolutions these days.

Why Resolutions Fail and Tips for Success:

1) The Goals Are Too Big:

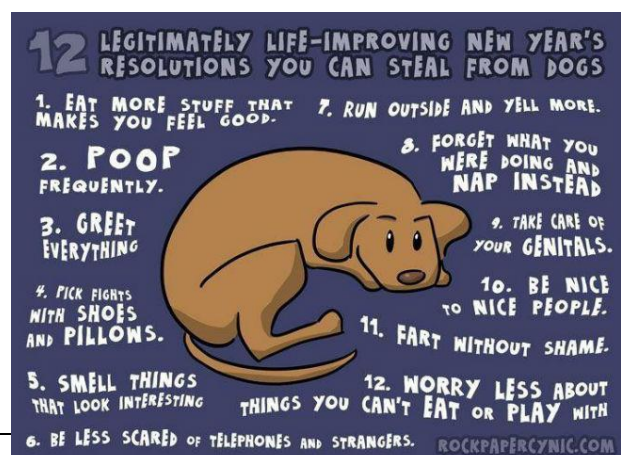
- try setting micro goals and not limiting them to January 1st.
- ask yourself, "what is one small change I can make to help me achieve my goals?"

2) The Stakes Aren't High Enough:

- It feels bad when we lose money, much more than winning money brings us pleasure. So what if, every time you resolved to quit and failed, you immediately lost money?
- the reward of accomplishing what you've set out to do isn't always enough motivation. Supplementing it with an immediate loss if you don't stick to your resolutions mitigates the chances of bailing on your resolutions.

You are never too old to set another goal or to dream a new dream.

C.S. LEWIS





Have questions about retiring?

Talk to Robert – as well as being a Certified Financial Planner professional, he is a Registered Retirement Consultant.

For peace of mind this winter, call for a quote today...

<http://www.otip.com>



Did you know?

Educators Financial Group is a member benefit fully owned by OSSTF. They have been dedicated to serving the education community since 1975, empowering the community to make smart financial decisions through various financial literacy tools. They currently serve over 18 000 clients and manage over \$1.1 billion in assets.

Educators Financial Group brings value in a number of ways including group learning sessions, financial literacy tools, on-site financial advice and so much more.

Educators Financial Group
www.educatorsfinancialgroup.ca

Robert Johnston has replaced Sandra Walsh as Certified Financial Planner for Rainbow District.



After graduating from York University with a degree in Economics, Robert worked in the IT industry for a few years before shifting gears to become a Financial Consultant with Investors Group Financial Services. An avid Formula 1 Racing fan, he has a 'track record' of helping families build their financial future and plan for retirement. At Educators, he says he is looking forward to helping "a unique and intelligent group of professionals" with all their financial needs.



What to do if you get in a car accident:

Car accidents usually occur without warning. Although you may take every safety precaution possible, the unexpected can still happen. If you find yourself in a car accident, here are some tips to keep in mind:

www.otipinsurance.com/article31

Members... Check out the link to OTIP OSSTF members page:

<https://www.otipinsurance.com/OSSTF3>